Our attendance at Getwell continues to grow. We trust that we will not only grow in number but also spiritually. Growth depends on two things: our will and the teaching of the Truth. We must not only have a zeal for God but also the action upon and understanding of God’s will in our lives (Rom. 10:1-2). Some ask our young people what they would LIKE to be when they mature? We should ask, what OUGHT you to be and do with your life to make it joyous and happy? Below are a few suggestions from the Scriptures:

- We ought to love one another (Mk. 9:50; Jn. 13:35).
- We ought to honor one another (Rom. 12:10).
- We ought to give preference to one another (Rom. 12:10).
- We ought to bear one another’s burdens (Gal. 6:2).
- We ought to care for one another (I Cor. 12:25).
- We ought to be of the same mind with one another (Rom. 12:16; 15:5).
- We ought to edify one another (Rom. 14:19).
- We ought to not envy one another (Gal. 5:6).
- We ought to be kind and forgive one another (Eph. 4:32).
- We ought to not judge one another without the facts (Rom. 14:13).
- We ought to admonish one another (Rom. 15:14).
- We ought to warmly greet one another (Rom. 16:16).
- We ought to serve one another (Gal. 5:13).
- We ought to sing with one another in worship (Eph. 5:19).
- We ought to not lie to one another (Col. 3:9).
- We ought to comfort and exhort one another (I Th. 4:18; Heb. 3:13).
- We ought to pray for one another (Jas. 5:16).
- We ought to attend all services of the church considering our influence on one another (Heb. 10:23-25).
When Are Christians To Partake of the Lord’s Supper?

Gary Colley

Sadly, many people accept, without question, what their denominations teach rather than what the Bible teaches. This would not be so serious if it were not true that we shall all be judged by the Bible (Jn. 12:48). This is true of many subjects, including baptism, women’s roles in the church, mechanical instruments of music, and even when we are to partake of the Lord’s Supper.

Some teach that we are to partake of the Lord’s Supper monthly, quarterly, semiannually, or annually, even though the Bible does not authorize any of these times. Some people teach that we can partake of the Lord’s Supper at a wedding on Thursday night or at other special occasions on any and every day of the week. But, do not be deceived. The Bible authorizes none of these either (Col. 3:17; Gal. 1:8-9; II Jn. 9-11).

What Does the Bible Teach?

Christians are taught in the Bible to partake of the Lord’s Supper every first day of the week (or every Sunday) and only on Sunday (or the first day of the week). Let us study and act to show ourselves approved unto God (II Tim. 2:15).

In Matthew 28:18, after His resurrection (Mk. 16:9) Jesus said He had been given “all authority in heaven and in earth.” Before His ascension, He told His apostles to teach and baptize believers by His authority. He then commanded the apostles, “Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you alway, even unto the end of the world” (Mt. 28:20). This they did after they had received the baptism of the Holy Spirit, and had done “many wonders and signs” to convince their hearers their message was from heaven (Acts 2:1-4, 43).

The apostles taught those baptized believers what they were to practice in worship when the church was established on Pentecost—the first day of the week, or Sunday. They taught early Christians to continue “steadfastly... in breaking of bread” (Acts 2:41). These early Christians who were under the direction of inspired men, partook “steadfastly,” but when? Every first day of the week (Acts 20:7). This will also be true of all who follow the authority of Christ today (I Cor. 11:1).

Who Sowed the Seed?

Who sowed the seed? None could recall. But somewhere, in the bygone years, A toiler in the ground let fall A seed that in the soil took hold, And through long months of heat and cold, Increased and spread, till now appears An annual harvest of rich gold.

Who planted the tree? Nobody knew. But someone, sometime, set it out, And it through rain and sunshine grew, Although no eye was near to see, Till from the little tender sprout There came a sheltering giant tree. And many a pilgrim breathed a prayer Of thanks for him who put it there.

Who sowed Good Seed? Perhaps not now, But in eternity we’ll know, The Master then will tell us how Some gentle soul, devoid of fame, Proclaimed a truth in His Great Name, Showed someone else the way to go: And then another, seeing the light, Turned from the way of doubt and wrong, And followed the pathway of the right And thus the good work moved along. But only in Heaven will it be known By whom the original seed was sown.

—C. R. Brewer
Creation Fact #58
Evidence from Biology

Scientists have known for a long time that moths communicate with each other using hormones called pheromones. A female moth who is ready to mate releases a scent (pheromone) into the air which is picked up by the male. It has been discovered that the pheromone is not released randomly, but in a series of pulses at a frequency of at least one pulse per second. The pheromone can be propelled for up to a meter from the female moth. This is like a human blowing out a candle from 60 feet away. Researchers have also discovered that the male is not only drawn to the female by the scent of the pheromone, but also by the pattern in which the chemical is sent. The male's antennae receive and then send the signal to its brain with the same frequency as the female's pulses. The scent itself acts as a carrier for a Morse Code-like message!

The more we study creation, the more we find that even the smallest details of creation reveal amazing complexities which point to a Master Designer.

Creation Fact #59
Evidence from Microbiology

Sulfate-reducing bacteria love metal. Using complex chemistry, they are capable of dissolving objects made of metal. These bacteria can make a sixteenth-of-an-inch hole in an inch-thick pipe within six months. Even stainless steel and titanium can't stand up to them. The sulfate-reducing bacteria often attach themselves to the inside of a pipe or tank and seal off their colony from the liquid inside. Once sealed off, the bacteria start to form hydrogen gas. Sealed under a miniature biosphere, the hydrogen accumulates and is absorbed by the metal. The absorbed hydrogen begins to corrode the metal, making it brittle.

Isn't it interesting that this so-called simple organism can produce complex chemical reactions that can eat away man's strongest metal alloys? Simple organisms are anything but simple!

Creation Fact #60
Evidence from Biology

European blackbirds are able to live through the cold German winters because they are designed with God-given instincts and features. To cope with the winter cold, the birds fluff up their feathers. This creates more insulating dead air spaces between their warm bodies and the cold air. Then they tuck their heads inside their feathers, making their bodies into a ball. A round ball is the most heat-conserving shape possible. The ball also protects poorly insulated parts of their bodies like feet, legs, and beak. The birds' need for energy is five times greater at 20°F below zero than it is during the summer. So the blackbirds reduce their energy need by lowering their body temperature at night when they are curled into a ball. As a result, scientists have found that European blackbirds are in no danger of freezing, even during extremely cold winters.

The design of their feathers, the ability to change their metabolism, and the instincts which allow survival at low temperature all point to the intelligent design of birds.

— A Closer Look at the Evidence by Richard & Tina Kleiss
Please remember with your cards, calls, and prayers those of our number who are confined at home or in nursing homes: Hazel Bizzell, 356 Calle Escada, Santa Rosa Beach, FL 32459-3698; Nell Brandon, Quince Nursing and Rehab Center, 6733 Quince Rd., Room 2006A, 38119; Emma Brotherton, Landmark of DeSoto, 3068 Nail Rd. W., Room 310B, Horn Lake, MS 38637; Frances Collins, 4779 Amboy Rd., 38117, 682-6917; Mary Haynes, 274 S. Highland, Apt. 808, 38111, 327-2127; Addie Nelms, 4007 Dunn Ave., 38111, 743-7554; Skipper Schulz, 139 Magnolia Dr., 38117, 683-3049; and Minnie Wayne, Gallaway Healthcare Center, Room 106, 435 Old Brownsville Rd., Gallaway, TN 38036, 317-4590.

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Spiritual Sword Gifts

Leslie Daughtery (TN), Thomas Wesche (AR), Gloria Ingram (AL), Victor Slatter (TX), Peter Fawcett (Canada), Merlin Yeager (MO), Church of Christ (AR), Bob Strahin (WV), and Nita Barnes (NY).

New Bible Class

Sister Maggie Colley will be conducting a weekly ladies Bible class at Getwell on Tuesday mornings beginning January 6, 2009, at 10:00 a.m. The initial study will be Lottie Beth Hobbs’ If You Would See Good Days. You may contact the church office if you would like to secure your copy ahead.